

THE PATRIARCHY
GOT US INTO THIS
S**T.

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ARTIST STATEMENT

This project encapsulates a variety of issues that we, people who menstruate, face month to month. Throughout history, we have been silenced and made to believe that we are 'weaker'. We speak our minds and are made to feel that our opinions are 'weaker'. We make art and it is labelled as 'weaker'. We bleed and are told that our blood makes us 'weaker'. For centuries, we have been subjected to misogyny and lack of respect by the patriarchal society we live in.

It's time we took back ownership of what makes us 'weaker' and allow ourselves the right to be who we are, and to speak about everything and anything without a fear of judgment. Periods are still a taboo subject, which leaves young people around the globe feeling confused and shamed by their bodies. I hope that my products spark the conversation that so desperately needs to be had, enlightens a worried soul, and makes us all feel powerful and worthy.



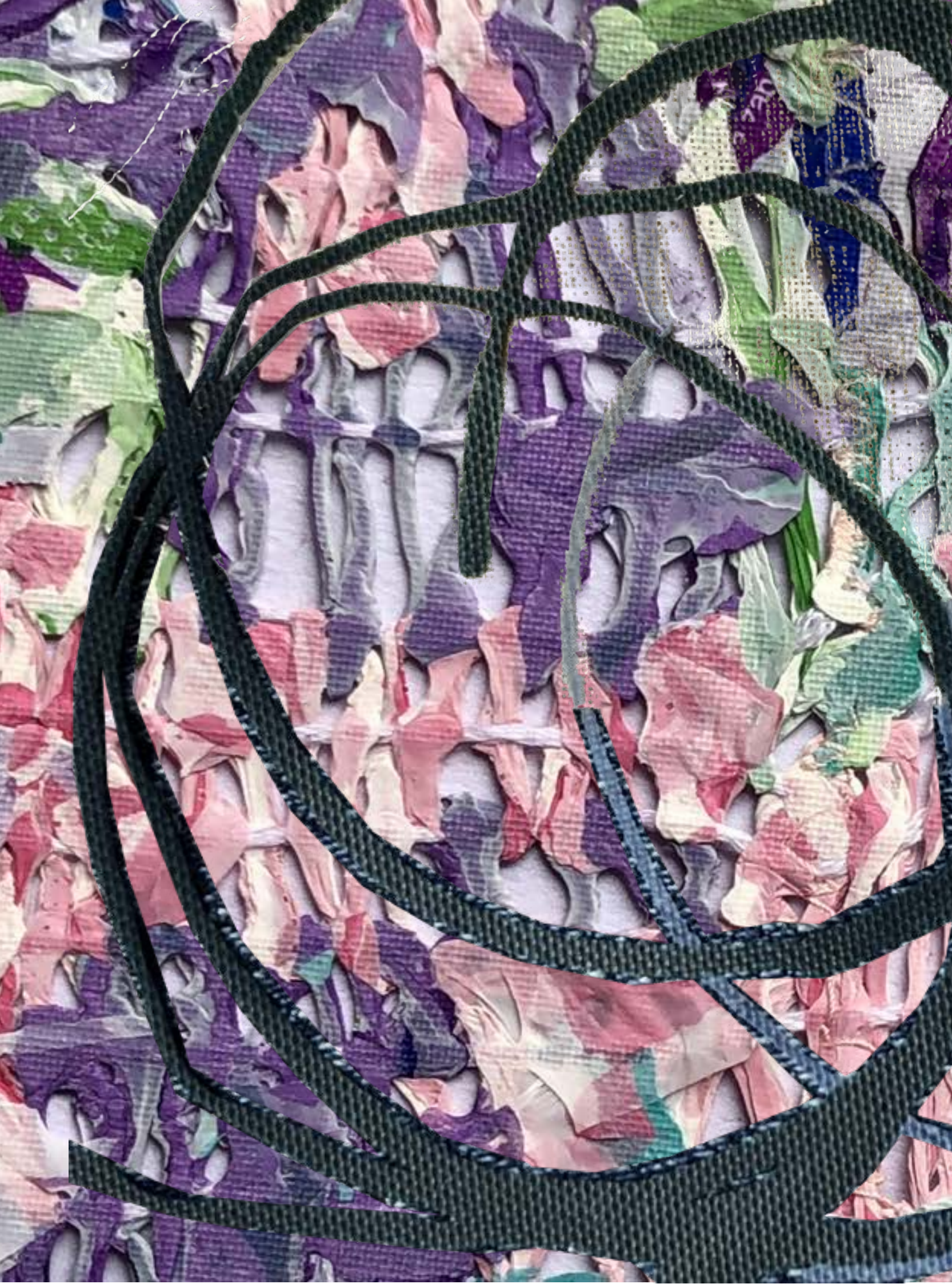
This is my study into how **single use plastic** was introduced in the 50s to **help** the **housewife** because it was so ridiculous to think a man could pull up his sleeves to help around the house. How development into **new throwaway plastics** are being made **faster** than any **development into equality**. It is my study into art and how Bauhaus **only let women** attend **weaving** classes whilst male students had the full luxury of indulging in all kinds of media of expression. How **needlecraft** is labelled as **'feminine'** or **'lesser'** because those two words go hand in hand. It is my study into how **50% of the population** are **taxed** on monthly **necessities** without a penny of which going to the **1 in 5 girls** who are **missing** their **education** because of period poverty. It is my study into how the **patriarchy neglects** us when we say we are in **pain** and that something is wrong, because they know our bodies better than us.

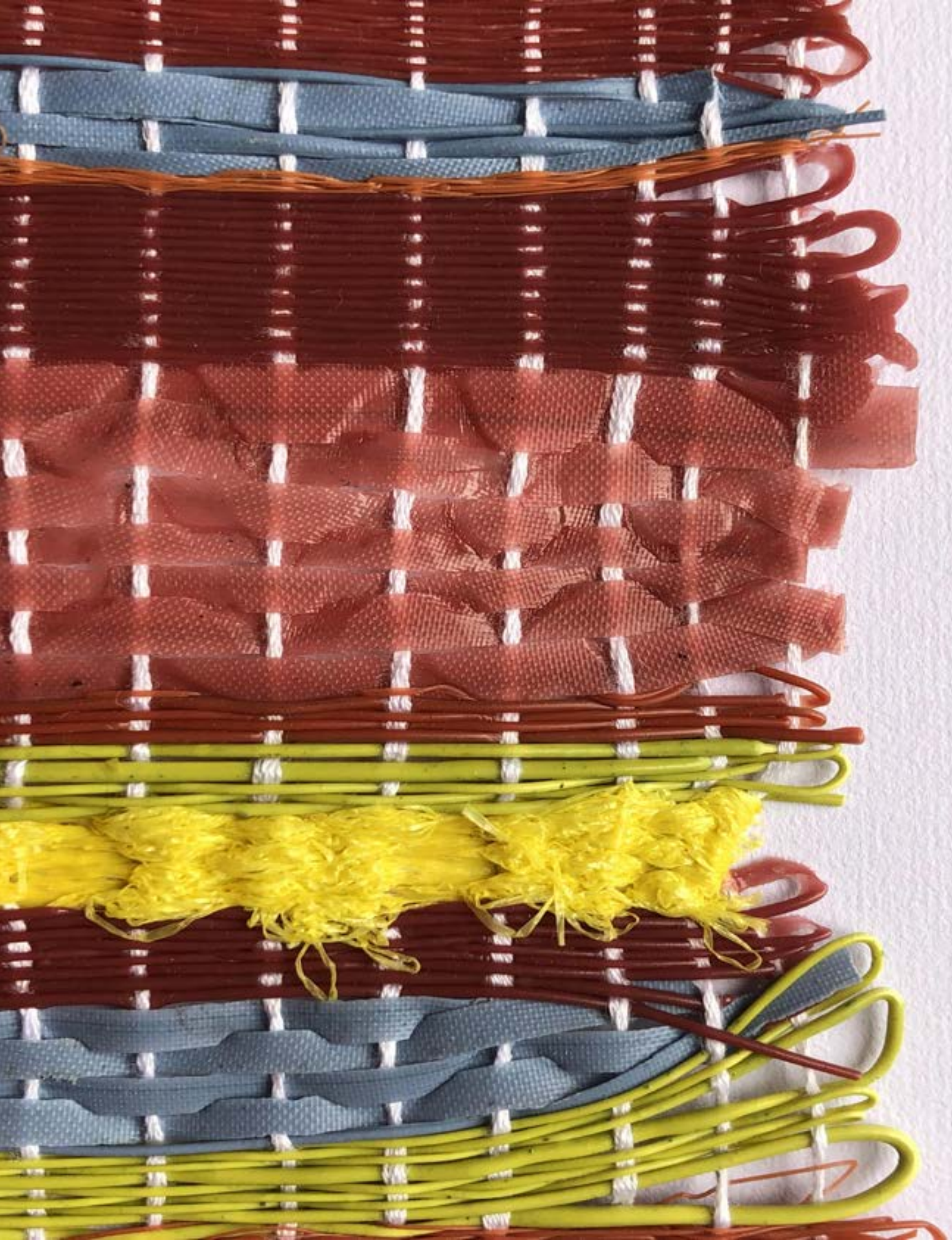
Fig 1
Fig 2
Fig 3



WOMEN OF BAHUJAS

Fig 4
Fig 5





The history of women and textiles is about more than mending and sewing clothes. Our stitches are embedded with heritage of female protest and activism. Before we could speak our minds freely, safely, and public, we spoke about our lives through ‘craft’ and ‘domestic’ arts”

(How women are changing the world with textiles)

Fig 6
Fig 7
Fig 8
Fig 9



‘Only reason I ended up with a **tumor** this big is because the **doctors didn’t help me**, and I can see the scars on my body reflecting **misogyny** in medicine because I wouldn’t have had what I had if they hadn’t **labeled me hysterical.**’

‘I only had **one female surgeon**, everyone leading up to that was a man. All they say is “its ok you will still be able to **have children**” as if that is all that matters? I am still **missing** a body part.’

‘**Sex ed** class is such **bullshit**, it tells you nothing. They said you **bleed a teaspoon** a week, but who bleeds a teaspoon? It’s a **ladle.**’

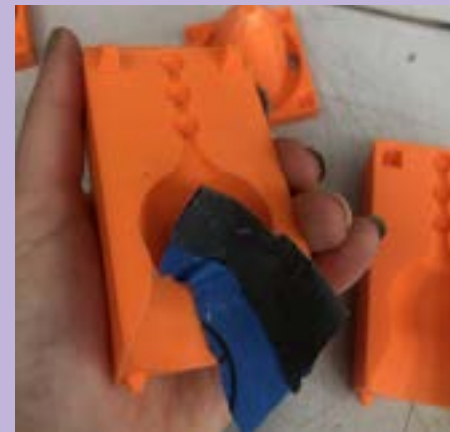
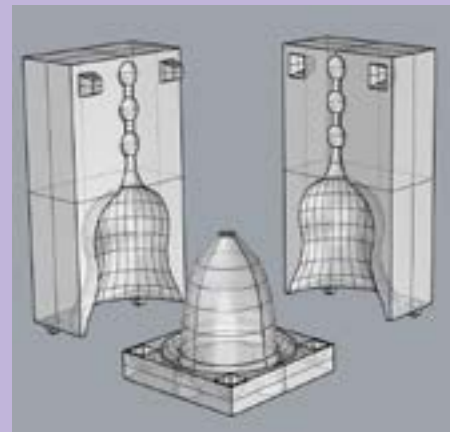
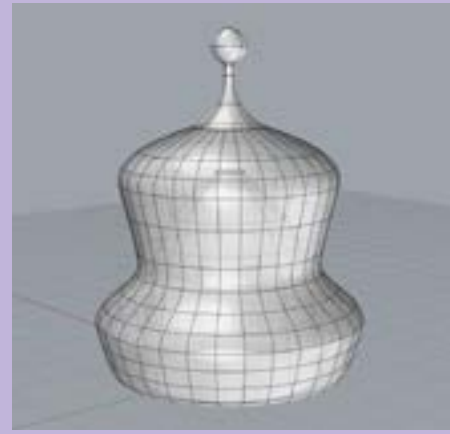
‘Also **tampons** seem so **sore** and sorry **toxic shock syndrome**, who wants that?’

‘I have **never** seen a **character** not afford a pad on tv, if you saw that you’d think you’re **not alone.**’

‘If somethings **wrong** with a **man**, they get **help straight** away on it. We’re completely **left** in the **dark.**’

‘As a **woman** you’re either **extremely** in **pain** and **hate** your **period** or you are in extreme pain because of the **lack of your period.**’

MAKING PROCESS





Heated Weave is a tribute to our grandmother's silence. Combining 'feminine' fabrics in a weave to rewrite the appearance for everyone who bleeds.



HEATED WEAVE



Fig 11
Fig 12
Fig 13



Let's celebrate our body and the changes it goes through in a month. Who cares about bloat?

17



Fig 14
Fig 15

BLOATED BOTTLE

MENSTRUAL CUP

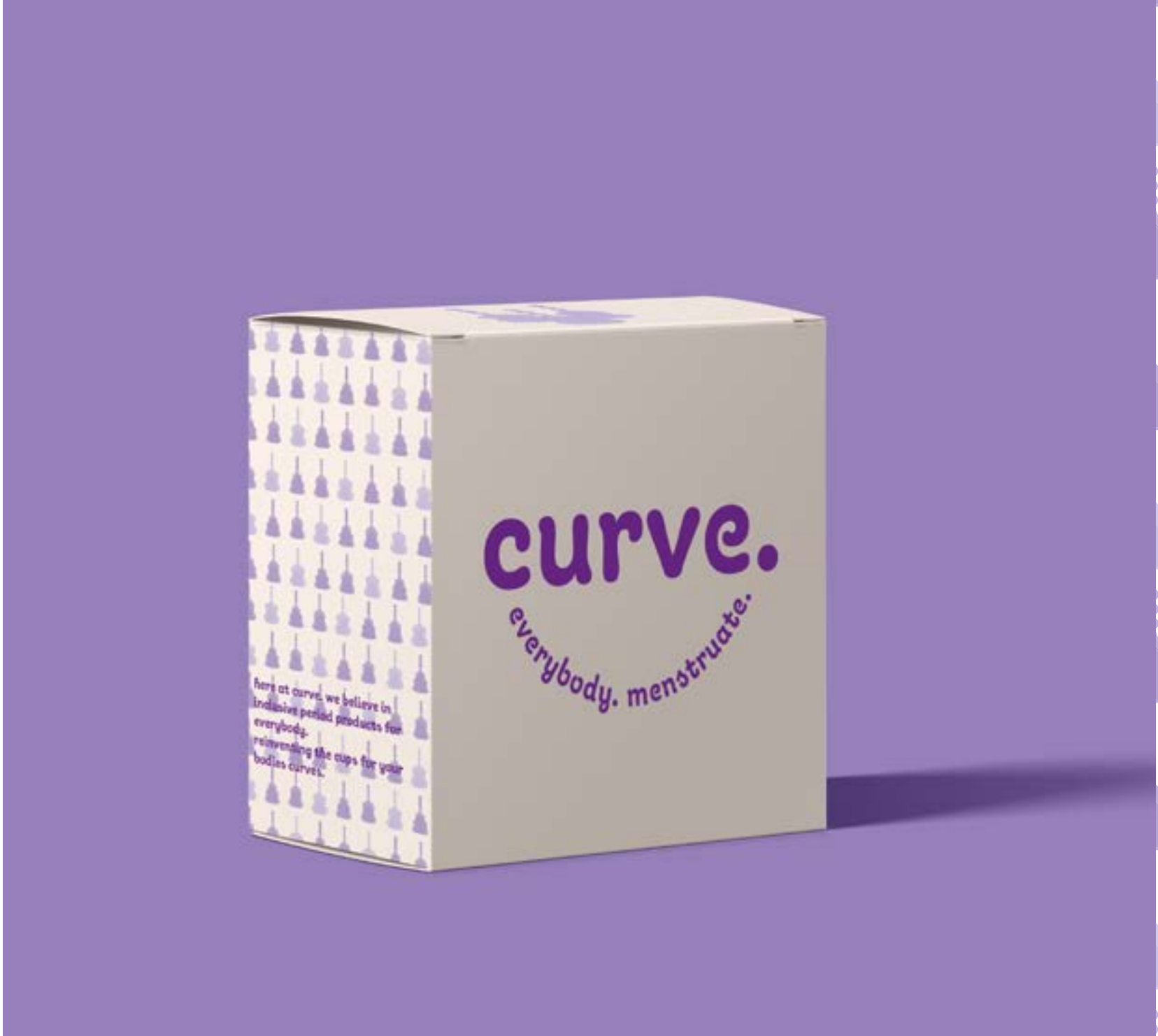




3 new versions of menstrual cups, designed for our curvatures and pleasure points, encouraging people to try reusable products

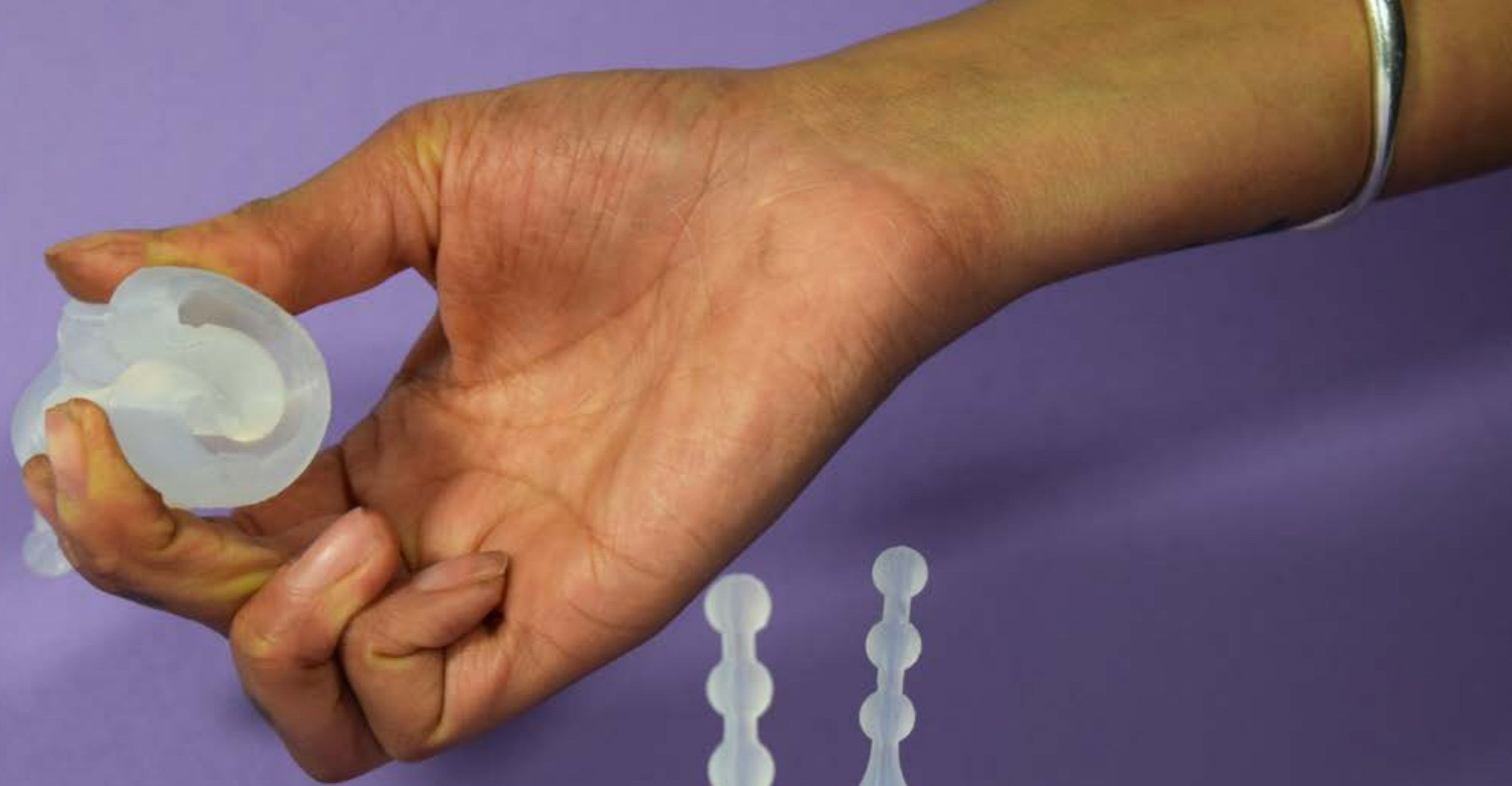
Fig 17
Fig 18

THE CURVE BRAND



Mock-up of the cups branding. Ensuring complete inclusion of language and colours used. Curve represents the shapes but also finally reaching and acknowledging all bodies who bleed.

Fig 19





everybody. menstruate.
C.
know your own body.

Fig 1: Extruded plastic, Brighton. Personal photograph by the author. 21 Dec. 2021.

Fig 2: Collected plastic waste, Brighton. Personal photograph by the author. 15 Oct. 2021.

Fig 3: Life Magazine. Throwaway Living, 1955. Research Gate. Web. 13 Oct. 2021.

Fig 4: Extruded plastic joining fabric, Brighton. Personal photograph by the author. 26 Oct. 2021.

Fig 5: T Lux Feininger Bauhaus-Archiv Berlin. The women from bauhaus weaving workshop. 1927. Web. 16 Jan. 2022.

Fig 6: Weaving of period waste, Brighton. Personal photograph by the author. 29 Nov. 2021.

Fig 7: Extruded plastic joining fabric, Brighton. Personal photograph by the author. 26 Oct. 2021.

Fig 8: Stephan Consemuller. a textile design artist at the Bauhaus, works at the loom in a dress made of fabric woven by herself. 1931. Web. 16 Nov. 2022

Fig 9: Weaving with extruded plastic, Brighton. Personal photograph by the author. 19 Nov. 2021.

Fig 10: Weaving of period waste, Brighton. Personal photograph by the author. 29 Nov. 2021.

Fig 11: Weaving of waste material, Brighton. Personal Photograph by the author. 12 Apr. 2022.

Fig 12: Model and Heated Weave, Brighton. Personal Photograph by the author. 09 May. 2022.

Fig 13: Model and Heated Weave, Brighton. Personal Photograph by the author. 09 May. 2022.

Fig 14: Model and Bloated Belly, Brighton. Personal Photograph by the author. 01 May. 2022.

Fig 15: Girlies Bathroom, Brighton. Personal photograph by the author. 26 Jan. 2022.

Fig 16: Curve Cups, Brighton. Personal photograph by the author. 07 May. 2022.

Fig 17: Purchasing pads, Brighton. Personal photograph by the author. 29 Jan. 2022.

Fig 18: Holding Curve Cups, Brighton. Personal photograph by author. 07 May. 2022.

Fig 19: Advertising in Illustrator, Brighton. Personal design in Adobe by author. 03 May. 2022.

Fig 20: Curve Cup with fake blood, Brighton. Personal photograph by author. 07 May. 2022.

Fig 21: Curve Cup being held, Brighton. Personal photograph by author. 07 May. 2022.

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